

# women's wellbeing weekend



☯ reflexology  
☯ facials  
☯ beach walks  
☯ massage option

☯ organic vegetarian meals  
☯ well-being workshops  
☯ ...more

## refresh rejuvenate revive

*8th to 10th October, Niche Sanctuary, Deep Bay, Cygnet*



### **Special opportunity**

Colour and style session with Australia's leading image advisor Helen Robinett. You will enjoy a one-on-one consultation during which you will discover your signature colours, style expressions and receive your own colour wheel and personalised shape guide. Value: \$380. Well-being weekend special \$250.



**For more information** and to book your place, phone 03 6223 2537 or [liila@ozemail.com.au](mailto:liila@ozemail.com.au)

**Price** \$360 includes all meals, accommodation, workshops, facial and yoga.

**Massage** available for \$50/45 minutes